There is a form of short-acting
NEMBUTAL to serve every need in barbiturate therapy

when gentleness is important
NEMBUTAL® Elixir

Abbott
more accessible and communicative

That is the way Librium-treated patients are often described in the growing literature today, as psychiatrists delineate the value of this agent in helping patients gain more from psychotherapy. With Librium you can reduce anxiety, agitation and tension in patients with mild, moderate, or even severe emotional disorders and thereby make them more amenable to your therapeutic regimen.

Consult literature and dosage information, available on request, before prescribing.

LIBRIUM® Hydrochloride—brand of chlordiazepoxide

LIBRIUM

You can’t set her free. But you can help her feel less anxious.

You know this woman. She’s anxious, tense, irritable. She’s felt this way for months. Beset by the seemingly insurmountable problems of raising a young family, confined to this home most of the time, her symptoms reflect a sense of inadequacy and isolation. Your reassurance and guidance may have helped some, but not enough. Serax (oxazepam) cannot change her environment. Of course. But it can help relieve anxiety, tension, agitation and irritability, thus strengthening her ability to cope with day-to-day problems. Eventually—as she regains confidence and composure—your counsel may be all the support she needs.

- Indicated in anxiety, tension, agitation, irritability, and anxiety associated with depression.
- May be used in a broad range of patients, generally with considerable dosage flexibility.

Contraindications: History of previous hypersensitivity to oxazepam. Oxazepam is not indicated in psychosis.

Precautions: Hypotensive reactions are rare, but use with caution where complications could ensue from a fall in blood pressure, especially in the elderly. A patient exhibiting drug dependency by taking a chronic overdose developed upon cessation questionable withdrawal symptoms. Carefully supervise dose and amount prescribed, especially for patients prone to overdosage. Excessive prolongation use in susceptible patients (alcoholics, drug addicts, etc.) may result in dependence or habituation. Reduce dosage gradually after prolonged excessive dosage to avoid possible epileptiform seizures. Caution patients against driving or operating machinery until absence of drowsiness or dizziness is ascertained. Warn patients of possible reduction in alcohol tolerance. Safety for use in pregnancy has not been established.

Not indicated in children under 6 years; absolute dosage for 6 to 12 year-olds not established.

Side Effects: Therapy-interrupting side effects are rare. Transient mild drowsiness is common initially; if persistent, reduce dosage. Dizziness, vertigo and headaches have also occurred infrequently, syncope, rarely. Mild paradoxical reactions (excitement, stimulation of affect) are reported in psychotic patients. Minor diffuse rashes (morbilliform, urticarial and maculopapular) are rare. Nausea, anorexia, constipation, dry mouth and blurred vision. Transient and altered libido are rare and generally controllable by dosage reduction. Although rare, hypoglycemia and hyperglycemia, including jaundice have been reported during therapy. Periodic blood counts and liver function tests are advised. Ataxia, reported rarely, does not appear related to dose or age. These side reactions, noted with related compounds, are not yet reported: paradoxical excitation with severe agitations, hallucinations, menstrual irregularities, change in EEG pattern, blood disorders (including agranulocytosis), blurred vision, diplopia, incoordination, stupor, disorientation; fever, anaphylaxis and dysmetria.

Availability: Capsules of 10, 15 and 30 mg. Oxazepam.

To help you relieve anxiety and tension

Serax (oxazepam)

Myers Laboratories
Do you have patients who try to hide frustration behind conformity?

They may be unable to face the pain of their depression.
They wear expressions of satisfaction, a touch of snobbery, and the social grace of suburbia. But it’s all rented for the occasion. The pretense of ownership of happiness fades in the face of loss of individuality and falters on the tightrope of status.

You see many depressed patients who conceal their real emotional lives beneath a veneer because it lets them hide from the finality of their depression. Before they come to you, few can recognize their despair. Even while seeking your help, they may continue attempting to hide from you as well as themselves.

Aventyl HCl can assist you in bringing the problem into the open.

Aventyl HCl does not help them hide from the pain of their depression. It does not merely make symptoms more bearable. Aventyl HCl is an aid in removing the symptoms and lifting the depression.

It takes time for patients to gain insight; however, with the help of Aventyl HCl they won’t cling to depression as a response to their basic problems.

Helps them see behind the veneer and accept the reality

Aventyl HCl
Nortriptyline Hydrochloride

(See last page for prescribing information.)
On the visible level, this middle-aged patient dresses to look too young, exhibits a tense, continuous smile, and may have bitten nails or overplucked eyebrows. Symptoms of anxiety are hard to miss. What doesn't show as clearly is the coexisting depression that often complicates treatment.

TRIAVIL offers effective tranquilizer-antidepressant therapy. TRIAVIL provides perphenazine to help allay anxiety and amitriptyline HCl to lift depressive mood and relieve the functional somatic complaints often encountered in patients of this age group.

Patients who have received MAO inhibitors within two weeks should not receive TRIAVIL. Those on TRIAVIL should be warned that response to alcohol may be potentiated. The drug may impair alertness in some patients; operation of automobiles and other activities made hazardous by diminished alertness should be avoided. Contraindicated in glaucoma, in patients expected to experience problems of urinary retention, in CNS depression from drugs, and in bone marrow depression. Should not be given with guanethidine or similarly acting compounds. Not recommended in pregnancy. Since the possibility of suicide is inherent in any serious depressive illness, close supervision of patients is essential until you are satisfied that significant remission has taken place.

For additional prescribing information, please see following page.
reduce
psychic tension

Valium (diazepam)

1965
In an age of freedom awareness—what can you offer your worried patients? When the diagnosis is agitation—tension—anxiety...SERAX (oxazepam—Wyeth) can make it easier for you to bring them peaceful release and the freedom to carry on their everyday activities.

People today, more than at any other time in history, are seeking freedom. When they come to you for help—remember—SERAX could provide the help they need.

- rapid effect...dosage can often be established in the first day.
- usual dosage regimen...one 15 mg. capsule of SERAX—t.i.d. or q.i.d.

**SERAX**

Complete prescribing information is available on request.

*Registered Trademark

JOHN WYETH & BROTHER (CANADA) LIMITED
Windsor, Ontario
"You're First Lady Now...

And XANAX helped get you there!"

LES BENZOS CA TUE!

http://www.nonnuxbenzodiazepines.spaces.live.com
"Why should we pay for visits to the shrink? Just tell him to get his act together."

In companies where professional treatment for mental illness is still viewed negatively, everybody suffers. The employee, fearing how it will look on his record, suffers by not seeking treatment.

And the company suffers. From increased absenteeism, loss of productivity...a tremendous waste of human resources.

But you can help change all that. By recognizing that mental illness is a medical illness. And by looking into medical insurance coverage that will encourage employees to seek treatment without fear or hesitation.

Independent studies show that employees with access to mental health treatment have significantly lower medical costs. And many corporations are responding to this encouraging news by structuring health plans to include short and long term treatment. Some have even begun to offer in-house mental health programs and therapies to help deal with issues like anxiety and alcoholism.


Learn to see the sickness. Learning is the key to healing.

THE AMERICAN MENTAL HEALTH FUND

UNDERSTANDING MENTAL ILLNESS CAMPAIGN
In patients with depression...

Make your first choice

PROZAC

For both restful nights and productive days

Important Safety Information on Prozac

The most commonly reported adverse events associated with the use of PROZAC were headache, nausea, vomiting, diarrhea, dizziness, somnolence, CNS effects, and sexual dysfunction. The frequency of these adverse events was lower than that observed in placebo-controlled trials for depression and OCD.

PROZAC is contraindicated in patients with a history of suicidal behavior or ideation. It should be used with caution in patients with a history of mania or bipolar disorder.

In patients with depression... Make your first choice

PROZAC
fluoxetine hydrochloride

for both restful nights and productive days
Depressed Mood
Loss of Interest
Sleep Problems
Difficulty Concentrating
Agitation
Restlessness

Life is too precious to let another day go by feeling not quite "yourself." If you've experienced some of these symptoms of depression nearly every day for at least two weeks, a chemical imbalance could be to blame. And life can feel difficult ALL DAY. That's why you need relief ALL DAY.

NOW THERE'S PAXIL CR CONTROLLED-RELEASE TABLETS.

Paxil CR is a time-release tablet from the makers of Paxil. The CR means Controlled Release for Continuous Relief. Symptom relief usually requires two or more weeks of daily treatment. Prescription Paxil CR is not for everyone.

Tell your doctor what medicines you're taking. People taking MAOIs or thioridazine should not take Paxil CR. Paxil CR is generally well tolerated. Side effects may include nausea, diarrhea, constipation, dizziness, sweating, tremor, sexual side effects, injury, yawn, abnormal vision or sleepiness. Patients should not stop taking Paxil CR before talking to their doctor. Feeling balanced, more like "yourself," is within reach. Call 1-866-PAXIL-CR or visit www.paxilcr.com. Please see product information on following page.
I took my Prozac today
The first and only FDA-approved treatment for Posttraumatic Stress Disorder

Major depression
Panic disorder
Obsessive-compulsive disorder
and now, PTSD

ZOLOFT (sertraline HCl)
Power that speaks softly
www.ZOLOFT.com

ZOLOFT is contraindicated until at least 14 days have passed since discontinuing a monoamine oxidase inhibitor (MAOI) and an MAOI is contraindicated for at least 14 days after discontinuation of ZOLOFT (see Warnings in prescribing information).
La commercialisation de la phobie sociale
Born to Shop?

At last.
Relief from your
Shopping-Related
Impulse Control Disorder.

DOLORAX®
Treat yourself.
CATCH THEM BEFORE THEY FALL

Suicide is the third leading cause of death among young people ages 10-18. Each year an additional 520,000 youth require medical services for a suicide attempt. It's clear that something must be done.

In July, the President's non-partisan New Freedom Commission on Mental Health did its part. To find youth at risk, the Commission recommends that schools and primary health-care providers offer every child a mental health screening. The next steps are up to you.

The Carmel Hill Center at Columbia University has prepared a report that explains how every parent, policymaker, educator, health professional and community leader can help save young lives. For a free copy of “Catch Them Before They Fall: How to Implement Mental Health Screening Programs for Youth,” visit www.TeenScreen.org
3 Million Kids Suffer From It. What You Can Do.

Teen Depression
More US Kids, Young Adults Commited Suicide

Rate rises most sharply among teen girls

Antidepressant Warning Preceded Youth Suicide Surge

Unintended effect unfolded as use fell
La commercialisation des troubles obsessionnels compulsifs
pregnant pause

With a flurry of recent reports challenging the safety of antidepressants for unborn babies, doctors and concerned mothers-to-be are rethinking the guidelines. Alexis Jetter reports.

including a small dose of Paxil, the antidepressant that she took daily to ward off panic attacks. But Fromm's doctors said she needn't worry. Her family physician opened a copy of the Physicians' Desk Reference to the entry on Paxil. "We read it together," Fromm recalls. "It said it was safe to take while pregnant."

But just two hours after Mark abnormalities healed on their own, while others required major surgery. But FDA officials weren't taking any chances. In December 2005, the agency issued a public advisory urging doctors not to give Paxil to pregnant women.

Recent findings have sharply heightened those concerns. The U.S. Centers for Disease Control, Boston University, and the University of Montreal have all found that Paxil can triple a baby's risk of developing a heart defect like Mark Fromm's. "When my study on Paxil first came out, I was really walking on eggshells, and I was criticized," says Anick Berard, Ph.D., professor of pharmacy at the University of Montreal. "But now other people have done the studies, too. And I'm much more comfortable saying that Paxil is a bad drug to take during pregnancy."
dépression

De nombreuses femmes enceintes souffrent d’anxiété et de dépression

De nombreuses femmes enceintes souffrent d’anxiété et de dépression, les sentiments peuvent nuire à la mère et le bébé.
Bien qu’il soit fréquent que des femmes enceintes éprouvent de l’anxiété et de dépression, ces sentiments peuvent avoir des conséquences graves pour la mère et l’enfant, conclut une étude menée à l’Université de Hong Kong et publiée dans le journal Obstetrics & Gynecology.
L’étude vise à évaluer la prévalence et l’évolution des anxiétés, dépression et les facteurs de risque prénataux dans chaque stade et la relation entre l’anxiété et la dépression prénatale et les mêmes sentiments comptabilisés dans la période après terme.
What It's All About

Most of us go through life not knowing the challenges that other families face. For instance, having a daughter with several birth defects is mentally, physically, and emotionally exhausting. Society has judged our family because of her disabilities instead of sympathizing the challenges we face daily. It wasn't until we found Baum Hedlund Law Firm that we realized our voice would be heard ...

Read More Case Results
"I'm Depressed..."

Could it also be ADHD?
ADHD was found in 1 out of 3 adults with a depressive disorder.*

Look for ADHD in patients who present with depression.
Visit www.depressionandadh.com for patient education kits and adult screening tools.

*From a retrospective survey assessing the prevalence, comorbidity, and impairment of adult ADHD in NHIS adults age 18 to 44. Depressive disorder includes major depressive disorder and dysthymia.


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**BROKEN PROMISES**

**Divorce**

Adults with ADHD were nearly 2X more likely to have been divorced*1

The consequences may be serious. Screen for ADHD.

Find out more at [www.consequencesofadhd.com](http://www.consequencesofadhd.com) and download patient support materials, coupons, and adult screening tools.

*Results from a population survey of 500 ADHD adults and 501 gender- and age-matched non-ADHD adults which investigated characteristics of ADHD and its impact on education, employment, socialization, and personal outlook.


**“I’m Depressed...”**

Could it be ADHD? ADHD was found in 32% of adults with a depressive disorder*1

Look for ADHD in patients who present with depression.

Visit [www.depressionandadhd.com](http://www.depressionandadhd.com) for patient education kits and adult screening tools.

*From a retrospective survey assessing the prevalence, comorbidity, and impairment of adult ADHD in 3,199 adults, age 18 to 44. Depressive disorder includes major depressive disorder and dysthymia.

Vous n’êtes plus seule!

• La prévalence du trouble du désir sexuel hypoactif.
Avoir peu ou pas de désir de rapport sexuel est la préoccupation sexuelle la plus fréquente chez la femme. On estime actuellement qu’approximativement 30%-40% des femmes souffrent d’un désir pauvre ou absent.
Un plus grand appétit sexuel et une barbe? ou l’inverse?

- Intrinsa